

FEBRUARY 2024

LIBERTY

LUNCH

GOLDEN BEE

WINNERS



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Biscuit & Jelly

5

**Chicken Nuggets,
Mashed Potato/Gravy,
Broccoli/Ranch,
Fruit**

Cereal

6



**Nacho Bar,
Fruit**

Tornado

7

**Pig Tails,
Carrot Stick/Ranch,
Fruit**

Banana Bread

1

**Philly Steak Sandwich,
Lattice Fries,
Mixed Berries**

Blueberry Twist

2

**Cavatina,
Corn,
Breadstick,
Fruit**

Combo

8

**Spaghetti & Meatballs,
Garlic Bread,
Cucumber/Ranch,
Fruit**

French Toast Stick

9

**Salad Bar,
Fruit**

Apple Strudel

12

**Tenderloin on Bun,
Corn,
Fruit**

Bagel

13



**Taco Tuesday,
Fruit**

Long John

14

**Fish,
French Fries,
Salad, Fruit**

Yogurt Parfait

15

**Corn Dog,
Baked Beans,
Cucumber Slices,
Fruit**

Confetti Pancake

16

11:30 Dismissal

Presidents' Day

19

NO SCHOOL

Cooks Choice

20

Cooks Choice

Waffle

21

**Goulash,
Green Beans,
Bread Stick, Fruit**

Pancake/Sausage

22

**Cheeseburger,
Potato Rings,
Carrot Stick/Ranch, Fruit**

Funnel Cake

23

**Shrimp Poppers,
Mac/Cheese,
Fruit**

Sausage, Egg Biscuit

26

**Country Fried Steak,
Mashed Potato/Gravy,
Broccoli/Ranch, Fruit**

Bite Size Pancake

27

**Walking Taco's,
Fruit**

Pop-Tart

28

**Ham Croissant,
Chips,
Fruit Snacks**

Omelets

29

**Pizza,
Corn,
Fruit**