

FEBRUARY 2024

LIBERTY

LUNCH

GOLDEN BEE

WINNERS



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Biscuit & Jelly

5

Chicken Nuggets,
Mashed Potato/Gravy,
Broccoli/Ranch,
Fruit

Cereal

6



Nacho Bar,
Fruit

Tornado

7

Pig Tails,
Carrot Stick/Ranch,
Fruit

Banana Bread

1

Philly Steak Sandwich,
Lattice Fries,
Mixed Berries

Blueberry Twist

2

Cavatina,
Corn,
Breadstick,
Fruit

Apple Strudel

12

Tenderloin on Bun,
Corn,
Fruit

Bagel

13



Taco Tuesday,
Fruit

Long John

14

Fish,
French Fries,
Salad, Fruit

Yogurt Parfait

15

Corn Dog,
Baked Beans,
Cucumber Slices,
Fruit

Confetti Pancake

16

11:30 Dismissal

Presidents' Day

19

NO SCHOOL

Cooks Choice

20

Cooks Choice

Waffle

21

Goulash,
Green Beans,
Bread Stick, Fruit

Pancake/Sausage

22

Cheeseburger,
Potato Rings,
Carrot Stick/Ranch, Fruit

Funnel Cake

23

Shrimp Poppers,
Mac/Cheese,
Fruit

Sausage, Egg Biscuit

26

Country Fried Steak,
Mashed Potato/Gravy,
Broccoli/Ranch, Fruit

Bite Size Pancake

27

Walking Taco's,
Fruit

Pop-Tart

28

Ham Croissant,
Chips,
Fruit Snacks

Omelets

29

Pizza,
Corn,
Fruit